

Fundamentally the best instruction at every position and in every aspect of the game.

Improve yourself in the game of baseball, both physically and mentally.

**Our staff LOVES BASEBALL!!!**

**\*\*\* NEW \*\*\***



**SESSION I & II**

**Session I is a T-ball/Coach pitch camp. This camp is for ages 4 thru 6. Session II is a Little League Minors camp for ages 7 thru 9. Both Sessions have limited enrollment due to the age of the campers.**

**SEE YOU AT THE BALL PARK!!!**



**2010**

**CAMP DIRECTOR**

Mark "Pudge" Gjormand

Head Baseball Coach, Madison High School

**INSTRUCTORS**

Area High School Coaches and College and High School players from some of the most successful programs in the state

**BE THE BEST  
AT YOUR  
POSITION**



**COST \$160**

**MAKE CHECKS PAYABLE TO:**

**MVP BASEBALL**

P.O. Box 419

Vienna, VA 22183

**For more information or the register by phone, please contact:**

**Mark Gjormand**

(703) 975-4124

Or e-mail

**pudgemvp@cox.net**

Please bring a bag lunch, glove and any equipment you feel comfortable with.

[www.mvpbaseballschooll.com](http://www.mvpbaseballschooll.com)

**REGISTRATION FORM**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_

Session I June 28 - July 1 (rain date 7/2)  
(ages 4-6 T-ball/Coach Pitch)

Session II June 28 - July 1 (rain date 7/2)  
(ages 7-9 Little League Minors)

Session III July 19 - July 22 (rain date 23th) (age 6-12)

Session IV Aug 9 - Aug 12 (rain date 13th) (age 6-12)

**Please circle which session**

**COST \$160**

PAYABLE TO MVP BASEBALL

- 20% Administration fee on all refunds
- NO REFUND ONCE CAMP STARTS

**AGREEMENT**

I, \_\_\_\_\_ Parent/Guardian of:

\_\_\_\_\_ agree that MVP BASEBALL can not assume responsibility for medical, dental, or health expenses incurred as a result of my child's participation at camp.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

TOTAL \_\_\_\_\_



## Camp Director

Mark "Pudge" Gjormand

Head Baseball Coach, Madison HS

## COACHES

### Madison HS Baseball Staff

## INSTRUCTORS

Area High School Coaches and College and High School players from some of the most successful programs in the state.



## FROM THE DIRECTOR.....

I would like to give you some insight on the 3rd summer of Reston Little League Camps. MVP BASEBALL is confident that this will be the ultimate Little League Baseball Camp offered in the Northern VA area this year.

The coaching staff will consist of some of the top high school coaches in Northern VA. In addition, many of the camp counselors will be current high school and college standouts from the area.

Session I is a T-ball/Coach pitch camp. This camp is for ages 4 thru 6. Session II is a Little League Minors camp for ages 7 thru 9. Both Sessions have limited enrollment due to the age of the campers.

Sessions III and IV is for ages 6 thru 12 and is for all talent levels from beginners to very experienced players. Both fields will be used and the players will be broken down by age and talent level. All campers will receive a T-shirt, Certificate of Participation and awards will be given out daily.

My goals for these camps are to improve each camper in Little League skills; daily fielding and hitting drills, pitching and catching fundamentals, daily game situation, and most importantly a great deal of fun for the entire week. The camps will allow us to share our knowledge of the game with the youth of Reston. I look forward to making this a wonderful experience for everyone involved.

**I'll see you at the park!!**

**Mark "Pudge" Gjormand** Camp Director

Head Coach - Madison High School

FOR MORE INFORMATION CALL

Mark "Pudge" Gjormand

(703) 975-4124

Or E-Mail

[pudgemvp@cox.net](mailto:pudgemvp@cox.net)

[www.mvpbaseballschoo.com](http://www.mvpbaseballschoo.com)

# MVP

## BASEBALL CAMPS

### AT RESTON

## 2010



**SESSION I** (age 4-6) **SESSION II** (ages 7-9)

June 28 - July 1 8am - 1pm

(rain date 7/2)

**SESSION I** T-Ball/Coach Pitch

**SESSION II** Little League Minors

(limited enrollment)

Hook Field

**SESSION III** (age 6-12)

July 19 - July 22 8am - 1pm

(rain date 23rd)

**Little League Camp**

Hook Field

**SESSION IV** (age 6- 12)

August 9 - August 12 8am - 1pm

(rain date 13th)

**Little League Camp**

Hook Field

[www.mvpbaseballschoo.com](http://www.mvpbaseballschoo.com)